Years ago, 1970-2010, demonic deliverance was a hot and common topic among Christians. Jesus and the apostles routinely cast out demons to set people free of various things. It seems with the rise of Christian TV channels it went out of favor, along with congregational speaking in Holy Spirit tongues. The logic used was that these were "uncomfortable spiritual activities" and could scare away prospective Christian conversions and seekers, although, in the Bible, these were activities that brought people to the Lord. In fact, you can find lots of Christian churches with "Deliverance" in their names.

Some of the popular names in the deliverance ministry were Frank and Ida Mae Hammond, Derek Prince and Lester Sumrall. They all had useful books on deliverance.

The New Testament term, "demonized" means: "To be controlled by a negative spirit being, demon or devil, as if the person was a dog on a leash, to do their will" A well-trained dog needs very few commands to follow the leash-holder. The same is true for a demonized person. It takes very little prompting to get the person to engage in the demon-inspired thoughts and behaviors. One could call it "habit control."

One of the features of humans is that whatever behaviors or thoughts we do commonly, the human nervous system adjusts itself to make those thoughts and actions easier. To do this the nervous system will grow neurons around those thoughts and behaviors. Scientists estimate that 75-95% of all human behavior is controlled by habits (beneficial or negative) imbedded in the subconscious mind. In the case of certain addictions, this can include physiological dependencies.

Every habit of a human is controlled or operated by these neurons. In the case of physical addictions, the body will trigger these neurons. When the habit thoughts and behaviors are beneficial, we call them good habits. When they are negative or bad, we call them negative habits or addictions.

Concerning demonic behaviors, for a demonized person it takes very little stimuli for them to engage in these negative or addictive thoughts and behaviors.

Modern psychology will tell you the fastest way to develop a habit is 21 days of repetition, usually 3-6 hours a day. That is not all. For those habits to become integrated into the person's life, it takes roughly 90 days of 3-6 hours-a-day repetition for that habit to become repetitive and "in control" of a person's life.

With less repetition, habit development, neuron growth, can take longer, but the 21- and 90-day steps seem very consistent for most people.

For example, Alcoholics Anonymous' major is behavior modification for addiction recovery. They have found that if a person stays active in the program (roughly 3-6 hours per day) and they stay in the program, believing it will work, they can overcome the addiction from controlling their life. They summarize it this way: "If the person will keep attend the meetings for 90 consecutive days, they can get free." They stay active in the program (continuous attendance and participation in the daily AA meetings and other communications) because they believe the program will work for them.

Until they are convinced that the program will work for them, their participation will be erratic, with many "falling off the wagon," episodes. This is why you can hear of people who have been involved,

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erratically, in AA for years, before they finally got a degree of freedom. And that freedom comes with consistent participation in the program at a maintenance level.

What has all this to do with demonic deliverance?

When a person has been demonized for longer than 90 days, it is now their lifestyle, which means their nervous system has developed neurons to support and encourage the bondage behaviors. So, when you cast out a demon, the victim needs to be involved in some level of recovery program to keep free, else they will revert to the negative behaviors, and get demonized again.

I was in a church back in the 80's that had an active deliverance ministry. The people involved were called counselors. At first, they had lots of activity; many people came and got immediate, positive results. Then, 1 to 3 months later, the same people kept coming back with the same problems, again and again.

These repeats were typically not regular church-goers, and at best, only attended Sunday morning meetings. That was for them, the most lifestyle change they participated in. Others who entered into a continuous, right faith-action lifestyle with active Christian community involvement, kept some level of freedom.

The problem was that the ministry was not set up to disciple them into a biblically-sound, continuous, *zoe* life-releasing, right faith-action lifestyle. Clients simply did a few visits to the counselors, got deliverance of mental and physical issues, with no active follow-up. The Bible would call these miracles in and by the name of Jesus.

After a while, 1 to 2 years, the counselors and the pastor got discouraged, and their formal deliverance ministry closed down. They saw lots of dramatic deliverances, gained in impressive belief in the name of Jesus and His dominion over demons, and got, many super-positive, immediate results and miracles of all kinds, but they did not have the biblical theology to handle the repeats.

Demons come into people several ways. One is by non-biblical thoughts and behaviors. A New Creation Christian has Holy Spirit and Jesus in fullness inhabiting their spirit. Demons can inhabit the soul and the body of Born Again Christians, else Christians would never get sick or have any emotional failures. Demons can likewise inhabit the spirit, soul, and body of non-believers.

The *zoe* life-releasing, right faith-action lifestyle will provide the necessary soul-washing and rightbehavior development to keep Christians free from devil-drawing thoughts, words and actions.

Demons enter/afflict people two major ways:

• You think, speak, or do things they like. You cannot sin without the devil knowing about it (God also knows). These are the kind the church counselors went after. Freedom comes with a consistent, right faith-action lifestyle. Basically, you do righteous things the demons won't let you do, or don't like, and they will go; often without direct casting-out or assisted exorcism.

• External attacks by humans (casual dabblers, witches, warlocks, Satanists, witchdoctors, shamans, etc.). These can be individual or groups or covens. The attacks will continue until:

- The attacker(s) gets redeemed and repents.
- The attacker(s) gets distracted.

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• The attacker(s) dies.

• Freedom during the battle generally requires a longer campaign, and can be deadly if your Biblical mind-renewing is weak.

• They are now far more numerous in our current culture, from a combination of immigrant and global practitioners, and recruiting by the high demonic content in our media culture.

Without a doubt your primary weapons are the name of Jesus in focused intention, and the *zoe* life-releasing, right faith actions lifestyle. For more detail on how to walk in this *zoe* life-releasing, right faith-action lifestyle, to get rid of demons and to walk in the divine life and power of God, please see my book, *Two Kinds of Life*, available on my website, as well as any of my other books.

For freedom from human-demonic attacks, best is a focused prayer group set for a 3-month or a much longer, time frame. David Hogan reports such battles lasting 20 years with some of the leaders eventually getting Born Again. One such redeemed practitioner is John Ramirez. https://johnramirez.org/about/

Our assigned battle from God is:

<u>Eph 6:10</u> "Finally, my brethren, be strong in the Lord, and in the *dunamis/miracle* power of his might. 11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

<u>James 4:7</u> "Submit yourselves therefore to God. Resist (*stand against, oppose, withstand*) the devil, and he will flee from you." The opposite is also truth. If you do not fight, the devil will destroy you.

<u>1 Peter 5:8</u> "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: 9 whom resist (*stand against, oppose, withstand*) stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world."

And Jesus commanded all disciples/believers: <u>Luke 10:19</u> "Behold (*stop and make this change your life*)! I have given you *exousia*/authority (*pre-permission, commission, and the resources of Heaven*) and power to trample upon serpents and scorpions, and [physical, *spiritual*, and mental strength and ability] over all the *dunamis*/power that the enemy [possesses]; and nothing shall in any way harm you. 20 Nevertheless, do not rejoice at this, that the spirits are subject to you, but rejoice that your names are enrolled in heaven. [Ex 32:32; Ps 69:28; Dan 12:1.]" AMP

Holy Spirit summarized Jesus' ministry this way as a war against the devil: <u>Acts 10:38</u> "How God anointed Jesus of Nazareth with the Holy Ghost and with *dunamis/miracle* power: who went about doing good, and healing all that were oppressed of the devil; for God was with him."

Our jobs are not just preaching and evangelization. Healing and deliverance are Christian activities against the devil we are to do as Jesus' disciples.

These ministries of healing and deliverance work is still going on. The divine healing work does get some coverage, but the demonic deliverance activities are often not reported to the Body of Christ, at large.

If you need any help in these areas, please contact me at: Info@CovenantPeaceMinistries.com.

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Alternate demonic practitioner names:

- alternative practitioner
- faith healer
- <u>healer</u>
- isangoma
- medicine man
- <u>mundunugu</u>
- obeah doctor
- priest
- shaman
- sorcerer
- voodoo
- wangateur
- Spellbinder
- Thaumaturge
- Neocromancer
- Conjurer
- Charmer
- Priest-doctor
- wizard

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